



Please join us for the first of 8  
ILO Community Group parent webinars for 2022

**Tuesday, January 11th**  
**7:00 pm-8:30 pm**



Strategies to help parents deal with  
depression, anxiety, and behaviors of  
loved ones with disabilities

**Presenter: Dr. Elizabeth Tsakiris**

Elizabeth Ann Tsakiris, a psychologist with over 30 years' experience, will discuss strategies to help parents deal with depression, anxiety and behaviors of loved ones with disabilities.

Dr. Tsakiris specializes in autism and developmental, intellectual, and impulse control disorders.

Her expertise includes:

- Comprehensive psychological evaluations including customized adaptations for non-verbal and/or physically disabled children;
- Interventions for unique challenges children and families have- where and when needed in your home or community;
- Individual/family therapy;
- Expert testimony and advocacy to get what you need from schools and agencies.

**REGISTER NOW: <https://conta.cc/3JnNghA>**

You must be an ILO Community Group  
member to participate: [www.ilonow.org/ilo-community-group](http://www.ilonow.org/ilo-community-group)