







A note to our friends, families and self-advocates:

We can't thank you  enough for your help in raising \$\$\$ for ILO! **Know** that you are doing a **wonderful** thing helping ILO support young adults transitioning to independent living. We would like to challenge you, even if you're not peddling a bike, to help bring in



donations  . How much you ask 

We are asking our friends, family members and self-advocates to try to bring in \$100, \$250, or \$500 in donations  so we can meet our goal .

That sounds challenging  we know, but . . . if you break it down it may not be too difficult.

Think About It!

10 friends @ \$10/each=\$100	10 friends @ \$25/each=\$250	10 friends @ \$50/each=\$500
		

You  how it works! **We can do this!** But we need your help. We are counting on each of you. Thank you again for your time and your help! It's a good thing!  Tip: **START BIG!**

Go! Go! ILO

To Donate, Volunteer or Learn More

<https://www.ilonow.org/ilos-family-50-mile-biking-fundraiser/>