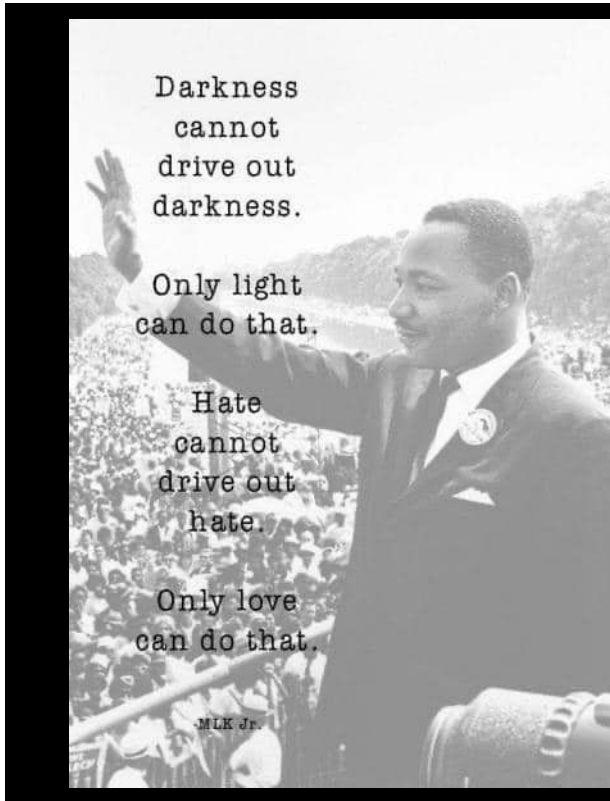




# Let's Talk About It!

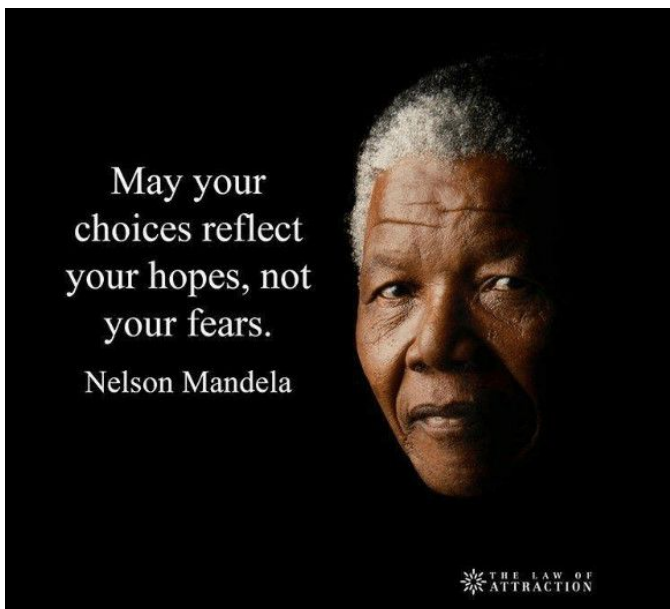
## Part I: Discrimination, Non-Violent Civil Unrest, Inclusiveness, Safety During Protests

Video - George Floyd's brother Terrence speaks out: <https://abcn.ws/2BnbPg7>



How can we shed light on discrimination without violence?

How can love drive out hate?



What kind of choices is he talking about?

How can we overcome this type of fear?



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"I see no color" is not the goal.  
"I see your color and I honor you. I value your input. I will be educated about your lived experiences. I will work against the racism that harms you. You are beautiful. Tell me how to do better."  
... That's the goal.

Do you agree with this statement?

### The Best of Inclusive Behaviors – How Many Do You Possess?

- Commitment.** You value fairness and take personal responsibility for being inclusive whenever you can.
- Recognize bias.** You understand that you are the one and only you and that other people are different. You look for diversity in friends, work environments and activities.
- Curiosity.** You are open-minded, with a passion for learning, and a desire learn about different ideas.
- Cultural knowledge.** You like to learn about other people's cultures, life, livelihood, and family traditions.
- Collaborative.** You help people feel open about expressing their opinions to you without getting overly offended. (It's ok to disagree and sometimes it's ok to be offended.)

[Video](#) - Rob Merola talks about perspectives, safety and the future:



### **Staying Safe in Turbulent Times (like during protests):**

1. Stay in your home as much as possible.
2. Don't get lured into venturing out to see what's going on, or to participate. Some of the peaceful demonstrations turn into violence. That's NOT a good place for any of us to be right now.
3. If you get caught in a mob, try to remove yourself as quickly as possible, do everything you possibly can to get home or to a friend's or family member's place, or seek shelter immediately. Always, ASK for help if you need it.
4. If you are feeling scared or lonely – you are not alone. Call a friend, your Community Builder, your family members, clergy, care-givers. There are lots of people to support and help you. All you have to do is REACH OUT. We're here.